

This QUIET TIME JOURNAL

belongs to _____

Bible book read Started on Completed on

_____	_____	_____
_____	_____	_____
_____	_____	_____

Each day, write:

Today's Date **What Bible Portion I Read** (*John 1*)

- **What it said.** Summarize the key ideas. Write a couple things in the text that stood out to you, or a question you had.

✓ **What God said to me.** Write down what I believe God is telling me to DO because of what I've read.

→ **What I said back to God.** My prayer of response to God.

QUIET TIME BASICS

1. Pick a specific TIME and PLACE.

Gather your Bible, Pen, and Notebook there.

2. Stay PERSISTENT until you are CONSISTENT.

If you miss a few days, begin again right where you left off.

3. Read a balance of the Bible.

Work thru one book of the Bible at a time. You may alternate between the N.T. Gospels and Letters; the O.T. Law, Writings and Prophets.

4. Begin with PRAYER:

- Adoration
- Confession
- Thanksgiving
- Supplication

5. End with a Personal Application.

ASKING GOOD QUESTIONS

One important key to good Bible study is the ability to ask yourself good questions of the text. This helps you begin to think about and understand the passage you are examining.

The following are generic questions you can ask yourself of any Bible text you read. They can start your analysis of the text, and guide your prayers for God's guidance from it.

PEACE STEPS IS THERE A ...

Prayer to pray?

Example to follow?

Attitude to adopt?

Command to obey?

Error to avoid?

Sin to confess?

Truth to believe?

Exhortation?

Promise to claim?

Service to perform?